

**BOSTON COLLEGE  
WILLIAM F. CONNELL SCHOOL OF NURSING  
140 Commonwealth Ave.  
Chestnut Hill, MA 02467**

**CURRICULUM VITAE**

**Julie P. Dunne, PhD, RN, PMHNP-BC, RYT**

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**EDUCATION:**

- 2019 – 2021 Post-Doctoral Research Fellowship, Cambridge Health Alliance, Center for Mindfulness and Compassion
- 2015 – 2019 PhD, Boston College William F. Connell School of Nursing
- 2012 – 2015 MS, Boston College William F. Connell School of Nursing (Psychiatric Mental Health Nurse Practitioner)
- 2008 – 2012 BS, Nazareth College of Rochester School of Nursing (Registered Nurse)

**LICENSURE / CERTIFICATION / REGISTRATIONS:**

- 2021 – 2022 Trained Mindfulness Based Cognitive Therapy Facilitator
- 2020 – 2022 Yoga Alliance Registered Yoga Teacher
- 2015 – 2022 Drug Enforcement Administration Registration
- 2015 – 2022 American Nurses Credentialing Center Board Certified Psychiatric Mental Health Nurse Practitioner
- 2012 – 2022 Massachusetts Registered Nurse and Psychiatric Mental Health Nurse Practitioner License (2015) No. RN2279418

**PROFESSIONAL EXPERIENCE:**

**Academic Faculty Appointments:**

- 2022 – 2022 Teaching Associate, Harvard Medical School
- 2017 – 2022 Clinical Assistant Professor, Boston College, William F. Connell School of Nursing

**Appointments at Hospital 036 Tm0 G(H)-6(e)7(a)7(l)7(t)7(h)TJETQ12 0 hta177.5Tm0 setts**



national survey. *Journal of the American Psychiatric Nurses Association*, 24(3), 241-246.  
<https://doi.org/10.1177/1078390317717790>

Wolfe, B. E., Dunne, J. P., & Kells, M. R. (2016). Nursing Care Considerations for the Hospitalized Patient with an Eating Disorder. *Nursing Clinics of North America*, 51(2), 213-235. <https://doi.org/10.1016/j.cnur.2016.01.006>

### **Chapters:**

Dunne, J. P., Blackwell E., Ursini, E. & Milliken, A. (2022). Ethical Issues in Psychiatric and Mental Health Care. In P. Grace & A. Milliken (Eds.), *Clinical ethics handbook for nurses: Emphasizing context, communication and collaboration* (175-203). The International Library of Bioethics, vol 93. Springer, Dordrecht. [https://doi.org/10.1007/978-94-024-2155-2\\_9](https://doi.org/10.1007/978-94-024-2155-2_9)

### **Thesis and Dissertation:**

Dunne, J. P. (2019). Level of mindfulness in persons with anorexia nervosa entering residential treatment and the relationship with eating disorder symptomology and clinical indicators of health (Doctoral dissertation). Ann Arbor, Michigan: ProQuest LLC. (13805577)

### **RESEARCH AND SCHOLARSHIP:**

**My main research and scholarly interests are related to mindfulness and well-being, especially promoting mental health. I have worked with diverse populations and have particular experience working with nurses/healthcare workers, persons with eating disorders and Asian-American populations. I have special interests in using Mindfulness Based Cognitive Therapy (MBCT) and adaptations to improve mental health. I believe in a holistic and collaborative approach to research, and to wellness in general, and seek opportunities to act as principal investigator, but also to support others in their research.**

### **SELECTED PRESENTATIONS:**

Dunne, J. P. (2019, Oct.). "Mindfulness in Individuals with Anorexia Nervosa." Concurrent 45-minute session presented at the American Psychiatric Nurses Association 33rd Annual Conference

### **TEACHING AND MENTORING ACTIVITIES:**

#### **Harvard Medical School**

2022 – 2022      Teaching Associate, Center for Mindfulness and Compassion

Advisory Responsibilities

2022 – 2022      Mentor, Mindful Mental Health Services

**Boston College, W. F. Connell School of Nursing**

## Courses Taught

- 2017 – 2018 NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring)
- 2018 – 2019 NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring); NURS 6468 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring); NURS 6469 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring)
- 2019 – 2020 NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall & Spring); NURS 6468 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring); NURS 6469 Masters Entry Psychiatric and Mental Health Nursing Theory (Graduate, Spring)
- 2020 – 2021 NURS 4252 Psychiatric and Mental Health Nursing Theory (UG, Fall & Spring); NURS 4253 Psychiatric and Mental Health Nursing Clinical (UG, Fall .33 456.65 Tm0 G{ )JTJETQq.525Ung rehantry

